



The Adventures of Lups and Spotty

A Contribution to
Nonviolent Communication

by Gitta Zimmermann
and Vivek Kumar Singh Bodhisatva
with drawings
by Christiane Lesch

SchneiderEditionen

Gitta Zimmermann /
Vivek Kumar Singh Bodhisatva

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The stories of the jackal Lups and the giraffe Spotty describe their everyday adventure in the jungle. Lups stands for our frequently used violent language, Spotty for nonviolent and emphatic communication. In the course of their experiences they become good friends. In order to understand their conversations even better from the point of view of the NVC, there are explanations in the wake of the individual stories.

The painter Christiane Lesch has added expressive and authentic watercolours to the stories, which sensitively complement the



mostly tender encounters of Lups and Spotty. She has illustrated numerous children's books, for adults, she paints non-figurative pictures in oil and acrylic. It is important to Christiane Lesch and Gitta Zimmermann to show children hand-painted characters.